

# LEARNING TO DOWSE

## OUTLINE FOR PRESENTATION OR SELF-LEARNING

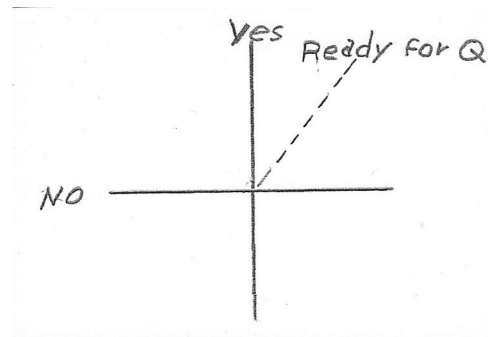
BY  
WALT WOODS

(1) **Opening statement:** Thank you for joining me for this introduction or reinforcement to basic dowsing.

(2) **Tools:** You will need a sheet of paper, pencil, and some kind of Pendulum. An example would be a weight on a 4 or 5 inch string or a necklace, held at about 5 inches of chain length, etc. This may be a good time to find the above supplies.

You might think of the pendulum as one of the many aids to help you focus on the amazing power of the mind. "Dowsing" tools come in every size, shape, description and methods you can think of. They have been used by individuals, in every culture, throughout all of history. Pick the ones that are most comfortable for you. They all seem to work fine. It's how well they help you focus that really counts. The pendulum is often a good one to start with because it is very easy to make and use.

(3) **Draw a Chart:** Like this one on your paper. Make the horizontal and vertical lines about four inches long.



(4) **Training:** Training the subconscious to move the pendulum is done exactly the same way you taught it to type, play a musical instrument, or even write your name. You are training it to use a dowsing tool as a readout device, so it can communicate directly with you. To do this place the pendulum over the center of the +. Make your fingers swing the pendulum to the "Ready for Question", telling the subconscious, this is the "Ready for Question". While it is still swinging, work the pendulum over to the "Yes", telling the subconscious this is a "Yes". After a few swings, work it back to the "Ready for Q". Do the same thing for the "No". Do this several times just like you would if you were training your subconscious to type or write your name. NOTE: Keep track of only the forward indicating half swing, ignore the swing from the center of the + away from the "Ready for Q". Pretend you cannot see this back swing. Follow the indicating half swing, wherever it goes, even if it goes to the lower half of a circle chart.

(5) **Preparing to Dowse:** This relates to an attitude, mind-set, posture or orientation of the mind. When you are getting ready to dowse, here is an idea that seems to help. Suppose you called some one on the phone, and then asked for Joe's phone number. Notice that when you are listening and writing down the number, you are in an unobstructed silence, a quite stillness, and attentiveness. This is a very good mode to be in when you are dowsing to ask questions, or request action. Intently focusing on the swinging pendulum, or other device, and be in that quite stillness while waiting for the answer. This seems to help clear the mind of a lot of interference. Here is an example of the power of the mind, and the subconious, to send and detect information. If you put a galvanic skin response device on a persons finger, and send them a strong thought, it will almost always show up on the computer screen. Your subconscious has a fantastic detecting and reacting ability.

(6) **Positive Start:** Hard science has shown that a negative experience during the first three minutes of exposure to a new subject area has virtually a permanent effect. First impressions are lasting impressions. To avoid a negative start, we can start out by playing a fun game with our subconscious. This is where we work together on questions that you both know the answer to. This is guaranteed to have a positive outcome and start off on the right foot. Start off by helping the subconscious, to start swinging the pendulum to "ready for question". While it is still swinging, ask the question: Is my name Joe? Yes or no? Help it go to the correct answer. Then say "great we got it right". After swinging there for a short while, direct and help it work it's way back to the "ready for question". Now repeat the same procedure for the question: Am I a boy? Yes or no? Then for: Do I live in Chico, CA? You will probably find that, by now, the subconious is catching on and is starting to make the pendulum move with less of your help. The system has now had a fun positive start and you may now think of questions you are not so sure of.

(7) **Three aspects of dowsing:**

**First:** It is helpful to think of dowsing in two ways.

1. As mothers intuition with a read out device.
2. As a means of directing focused intent.

**Second:** There are two basic uses for dowsing:

1. For answering questions and getting information.
2. For requesting action. (Like guiding you to a target.)

**Third:** There are two things the "**Dowsing System**" needs to have, know and do.

1. Instructions for doing physical and mental procedures and practicing them.
2. Information that you literally and truly want it to know concerning your desires and any actions you may wish it to take. May be done by programing.

The expression, "**Dowsing System**" includes your mind, subconscious, superconscious, higher self, and most likely many other areas.

(8) **Programing:** This is a method of formally telling the “Dowsing System” exactly what you want it to consider, how you want it to communicate with you, and any other action you wish it to take. If you only have a vague idea of what you want, then that is all the “Dowsing System” has to work with. There are three easy steps for you to install semi-permanent programs or make changes to established programs. These three steps seem to work very well.

**Semi-Permanent installation:** (which means: until you choose to change it). This one-time installation has three very simple steps. This method apparently functions something like a posthypnotic suggestion. However, the programs are worded in such a way, that you and only you, can delete, change or make additions.

1. **Get Permission** from your “Dowsing System” to install programs or make changes to existing established programs. You should have a “yes” for the install request.
2. **Read** carefully the prepared programs or changes to established programs. This is while your dowsing tool is still visually indicating the “yes” approval mode.
3. **Then Check**, by asking, if the programs are accepted and don’t present any conflict? If “yes” you are done. If “no” ask questions. **That is all there is to installing or changing programs.**

**Next:** If you are teaching. Help the students install the “May I, Can I, Should I Program. Then suggest they later install the other very useful programs that may be found in “-DOWSING – Programing for Personal Dowsing”. This booklet is available for free on the web at: [www.lettertorobin.org](http://www.lettertorobin.org)

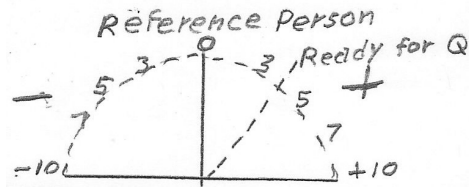
(9) **Accuracy:** Two elements for accuracy are how you ask questions and the manner in which you establish instructional programs. We have the tendency to use slang and assume the other person knows what we are talking about. For example if we said a person was caught red handed, we assume it means, caught stealing something. The subconscious, being very literal, may see this as simply a red hand. If a salesman asked you to put your name, address and sign hear. A person that was really into astronomy would put their name, address and Sagittarius. That is literally a correct answer, but wrong for the salesperson. (dowser)

Regarding the possible level of accuracy, consider that Tony G. dowsed and found a jewel that had been lost from ring. It was three inches under ground in a freshly plowed garden. Don’t underestimate the ability of the “Dowsing System”. You do need practice, a cleared mind, focused intent, and carefully worded questions or directions. However learning to use dowsing is something that most people can achieve, rather quickly, with a pretty good level of accuracy.

(10) **Tools:** If teaching, demonstrate the 4 most common tools with a bit of history.

1. Pendulum. Demonstrate personal dowsing and map dowsing.
2. L Rods. Make a pair using coat hangers and a straw. Demonstrate their use.
3. Y Rod. Demonstrate how to hold and use.
4. Bobber. Demonstrate how to hold and use.

(11) **Expand Your Chart:**



(12) **Reference Person:** Let me explain the need for a reference person. Numbers have little meaning if not related to something.

A good "Reference Person" can be a hypothetical person, who is the average of all persons, of average health, of [your age], [gender] and [peer group], living within [200 miles]. For reference purposes you would be either better than, equal to, or less than this fixed, repeatable, solid, reference point. You are using it only for comparison. You want to be much better than this reference person.

[Areas inside the [ ] can be temporary changes by just a desire.]

(13) **Practice every Night** for about 15 to 20 sec. or longer if you choose. Because the body does most of its rebuilding while you are asleep. This procedure may help you relax into a more beneficial state.

1. With the pendulum swinging to the "ready for question", ask the "Dowsing System" for an indication of your overall average condition, as compared to the fixed reference person. The pendulum, while swinging, should work its way to an indicating level. Somewhere between -10 and +10. Next have it work its way back to the "ready for question". Now ask it to indicate your worst condition. Again as related to the fixed reference. The pendulum should work its way to a new position.
2. From this position ask the "Dowsing System" to adjust your "Energy Fields" to the highest most beneficial level, with consideration for comfort and safety. Watch the pendulum for progress. It will work its way along the chart until it is finally swinging on just one spot. You can also ask for the time needed to make these modifications. Often it takes only seconds, but it can take much longer if you have not been balanced recently. Use the numbers on the chart for this, imagining them as either sec., min., hrs., or days. That's it. You are now done. Unless, of course, you wish to try some other questions.

**NOTE:** Experimental Dowsing Research is not intended to be a substitute for medical advice.

(14) **Demonstrate the above:** If teaching, go through the nightly ritual with them, using p.7 in the "Programing for Personal Dowsing" as an example. This chart is almost identical to the one they just drew. It has some additional instructions and questions. This program is available on the net at: [www.lettertorobin.org](http://www.lettertorobin.org)

(15) You now have my introduction to the Wonderful World of Dowsing  
Have Fun and Enjoy. Walt

## Personal Dowsing

**Experimental Dowsing Research** is not intended to substitute for medical advice.

**First:** It only takes a momentary desire for pre-installed Programs to be activated.

**Feel free** to ask Q's at any time and dialog for more information. Also be aware that some of the answers are based on information that is outside our concepts or knowledge.

**Unless otherwise requested,** most Program responses start with the "now" and include the past [24 hrs] and they may also be relating to an agreed on reference person.

**May make a request** at any time to see if it can and will make correction(s), adjustments, modifications or other action, for the indicated condition(s). If yes, ask it to proceed.

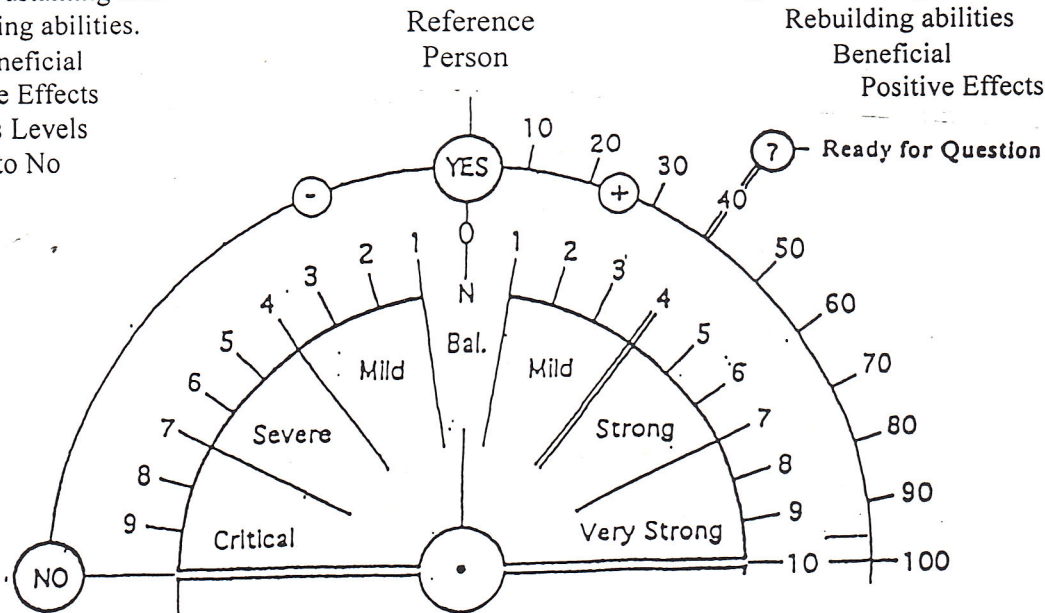
**Watch your pendulum** (or other indicating device) it will indicate the levels of response, as well as progress when changing energies or conditions, as related to your requests.

**You may then wish** to ask how long it will take to complete your request. (sec, min, hrs, ...)

1. **May I, Can I, Should I?** Yes or No (If yes proceed. If no, stop and ask questions.)
2. **Overall Average Condition?** -10 to +10 (Compared to a reference person.)
3. **Worst Condition?** Anything less than +10
4. **Undesirable Conditions?** Anything less than +10
5. **Specified Areas of particular interest?** -10 to +10
6. **Progress Towards Specified Goals?** 0 to 100%

This side is for Lower Functioning  
Lower Sustaining and  
Rebuilding abilities.  
Non-Beneficial  
Negative Effects  
Includes Levels  
Of Yes to No

This side is for Better Functioning  
Higher Sustaining and  
Rebuilding abilities  
Beneficial  
Positive Effects



Red Flag, Caution, Danger, see May 5, Can I, Should I, Ask Questions.